

21ST SUNDAY OF ORDINARY TIME - AUGUST 22, 2010

Mass Intentions

Sunday - August 22	5:00 pm - Lillian & Ira Menard	8:00 am - Dorothy Barre	10:30 am - For the People	7:30 pm - In Thanksgiving & for all favours rendered
Monday	7:45 am - Dorothy Barre	12:10 pm - Heather Lynch	5:15 pm - NO MASS	
Tuesday	7:45 am - Lillian & Ira Menard	12:10 pm - Mrs. Patricia McDonald	5:15 pm - NO MASS	
Wednesday	7:45 am - Kenneth Hogan	12:10 pm - Angelica & Ventura Dos Santos	5:15 pm - NO MASS	
Thursday	7:45 am - Theresia Bardoul	12:10 pm - Eulalia McCue	5:15 pm - NO MASS	
First Friday	7:45 am - Susan Collier	12:10 pm - Helen & Raymond Hutchings	5:15 pm - NO MASS	
Saturday	7:45 am - John Bolf	12:10 pm - Chris Kenney	5:00 pm - Mrs. Anne Corcoran	
Sunday	8:00 am - Gerarda Law	10:30 am - For the People	7:30 pm - Mr. Jack Chong	

Sunday Readings

- 1) Isaiah 66:18-21
- 2) Hebrews 12:5-7, 11-13
- 3) Luke 13:22-30

On the Twenty-First Sunday of Ordinary Time Jesus cautions us about the difficulty of the Christian life, saying many will be unable to "enter through the narrow gate." Jesus indicates it is those we do not expect who will be the first in the Kingdom: "Some are last who will be first, and some are first who will be last."

Like physical exercises which build strength and stamina, these exercises for finding intimacy with God in our everyday lives involve practice. Nobody ever got good at soccer or baseball, running or dancing without careful practice that becomes a habit, a way of life. And, no one even attempts such a regimen without great desire. The same is true with having a better relationship with our Lord. It takes great desire to sustain a routine of reflection and affective, intimate conversation. Such prayerful focus and connectedness takes discipline, but it quickly becomes natural. And, the rewards are phenomenal. Taken from the "Weekly Guide for Daily Prayer" on the Creighton University's Online Ministries web site: <http://www.creighton.edu/CollaborativeMinistry/online.html> Used with permission.)

Stewardship Report: Your generous support of the Cathedral Ministry last weekend resulted in:

- Regular - \$5,292.02
- Food Bank - \$70.00
- Cathedral Preservation - \$2,394.00

Thank you for your generosity.

Prayer Intentions: Please pray for all the sick, aged and home bound, especially: *Winston McGee, Neil Dorego, Elizabeth Cobb, Kyle Adams, Paul Johnson, James O'Neill, James Heyssel, Bud Wilson, Olivera Lambeta, Margaret Forbes, Fr. Raymond Vickers, Sr. Barbara Stuart, CSC, Gordon Townsend.* If you wish prayers to be said for members of your family or friends who are ill, please call the office 613-546-5521 with their names.

You are invited to share in an hour of prayer during Adoration of the Blessed Sacrament to pray for vocations to the Priesthood and Religious life.

Last Wednesday of each month 7:00 to 8:00 p.m. in St. James Chapel at St. Mary's Cathedral.

We need more Priests in our diocese and in the world. We can make a difference. Please come and pray with us.

MASS/CONFESSION SCHEDULES

With the changes in staffing at Cathedral, there will have to be some adjustments to the Mass and Confession schedules. The daily 5:15 Mass will not be reinstated in the fall; it will be celebrated on First Fridays only. Also confessions will be heard on Saturdays from 4 pm to 4:45 pm; when there are weddings and if no relief is available, confessions might be delayed. It will take some time to determine if any other changes will be required.

JOIN US FOR EUCHARISTIC ADORATION:

We have an urgent opening for Sun 2 to 3pm, Thu 4 to 5pm, Sat 3 to 4 pm. Additional Adorers are required for all hours and substitute adorers to cover occasional cancellations. If you can commit to spending one hour every week, please call Karen at 613-541-5010 ext. 2415 or at 613-542-8321

"May Mary, who in the freedom of her 'Fiat' and her presence at the foot of the cross, offered to the world, Jesus, the Liberator, help us to find him in the Sacrament of the altar," - Pope John Paul II

At this time we are in serious need of people who can help occasionally to cover Eucharistic Adoration hours. If you would be willing to be added to our list of substitute Adorers please call the number above. There is no weekly commitment to offer your help this way; you would receive calls to ask if you can help for certain hours and you can decide day by day if the time is convenient or possible for you to fill. You will be greatly rewarded by Our Lord for every minute that you spend with him in His true presence!! Perhaps this is the perfect way for you to start participating in Adoration, try it out, and experience the wonderful peace that it brings--this is a good way to start out and learn what it is all about. Please call!!

Altar Servers are needed for all Sunday Masses: Children who have celebrated their First Communion, Youth, Adults; women and men are most welcome to serve at the Altar in our Cathedral. Training will be provided. Please call the office with your contact information at 613-546-5521.

Latin Mass: Sunday, September 5 at 3:00 p.m. in St. James' Chapel, Fr. Price will be the Celebrant.

The Rite of Christian Initiation of Adults (RCIA) If you or someone you know inquires about the Catholic Church, would like to be baptized, celebrate the Sacrament of Eucharist and/or Confirmation, please talk to one of our Priests or Deacon after the Mass or call the Cathedral office 613-546-5521 and ask about the RCIA. New Inquiry sessions will start soon. We will be happy to assist you.

Request for Support: My name is Natalie Morrill. I am a recent university graduate, a parishioner of St. Mary's Cathedral, and am starting a year of work with Catholic Christian Outreach this fall in Halifax. CCO is a university-based movement within the church, helping students grow in their relationship with Christ through faith studies, discipleship, and retreats. As a campus missionary, I have to raise my own salary, and I am inviting Cathedral parishioners to please consider joining my financial support team. Please contact me at 613-876-4295 or natalie.morrill@cco.ca. For more information on the Catholic Christian Outreach go to their website at www.ccoCanada.ca or call them at 613-736-1999.

Heavenly Rates:

A man dies and goes to heaven. Of course, St. Peter meets him at the pearly gates.

St. Peter says, "Here's how it works. You need 100 points to make it into heaven. You tell me all the good things you've done, and I give you a certain number of points for each item, depending on how good it was. When you reach 100 points, you get in."

"Okay," the man says, "I was married to the same woman for 50 years and never cheated on her, even in my heart."

"That's wonderful," says St. Peter, "that's worth three points!"

"Three points?" he says. "Well, I attended church all my life and supported its ministry with my tithe and service."

"Terrific!" says St. Peter, "that's certainly worth a point."

"One point? Golly. How about this: I started a soup kitchen in my city and worked in a shelter for homeless veterans."

"Fantastic, that's good for two more points," he says.

"TWO POINTS!!" the man cries, "At this rate the only way I get into heaven is by the grace of God!"

"Come on in!"

Come As You Are: You are not too bad to come in and you are not too good to stay out.

Peace: Peace starts with a smile.

Upright Piano Wanted: The Parish Centre is in need of good upright piano. Please call Aurora at 613-546-5521 if you are able to donate such an instrument; a tax receipt will be issued.

Indoor Winter Walking Volunteers Needed: WALK ON is a unique opportunity to contribute to the health of your community and help others as they become more active. You can help by leading a weekly scheduled indoor walk. For more information contact Karla Weber, Coordinator of Volunteers at KFL&A Public Health, 613-549-1232 x1159

World Youth Day: in Madrid Spain is August 15-23, 2011 (this includes "days in the diocese"); anyone interested in going or for more information please contact: Anne Heemskerck, youth ministry coordinator, 613-548-4461 or email: youth@romancatholic.kingston.on.ca.

Have you ever considered a vocation to the permanent Diaconate? For more information and admission requirements please contact Deacon Bill Gervais, Office of the Permanent Diaconate, 390 Palace Road, Kingston, Ontario, K7L 4T3; 613-548-4461.

A man going on a journey called in his servants and entrusted his possessions to them. To one he gave five talents; to another, two; to a third, one— to each according to his ability. ~ Matthew 25

Something to think and pray about this week:

Conversion means a turning, moving round a corner. It can be a sharp, sudden, hairpin bend, as was Paul's on the road to Damascus, or it can be a gentle, open curve, in which we change our direction only gradually. It is the Holy Spirit who does the work of sanctification, pulling us round the bend. Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love. Lord, you tell me, as you told Simon Peter, to 'Put out into the deep water.' You are ready to surprise me with the depths I can find in myself, with the work you can do through me. Save me from complacency, from settling for a routine existence. Open me to recognising your hand in my daily encounters.

***Dear Jesus, as I call on you today I realise that I often come asking for favours.
Today I'd like just to be in your presence.
Let my heart respond to Your Love.***

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LITURGICAL MINISTRIES - Sunday, August 29

Time:	Altar Servers	Eucharistic Ministers	Lectors
5:00	J. Heroux, L. Heroux	B. Thurgood, M. Murphy, C. Thurgood	R. Joy, C. Markotich
8:00	M. Roy, Betty Roy	D. Duttle, M. Roy	C. Pereira, B. Gutelius
10:30	D. Wallace, D. Perault, Z. Perault	B. Cabral, N. Assuncao, M. Marcial, R. Price, R. Ofield, C. Abella, A. Lyng	E. McDonald, S. McDonald
7:30	P. Lucas, E. Snider, D. Snider	P. Lucas, M. Meagher	M. Savoie, A. Stewart